

English in Medical Setting Teaching Seminars and Role-Play
Practice Sessions

How to Talk to Your Doctors

Phase One - Weekly Sessions

September 26, 2024
Thursday, 19:30 pm EDT

Finding a Family Doctor

- Importance of choosing the right primary doctor
- Decide what you are looking for in a doctor
- Identifying several possible options
- Learn more about the doctors

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October 10, 2024
Thursday, 19:30 pm EDT

What Can You Say During the Visit?

- Share any symptoms
- Give information about your medication
- Tell the doctor about your habits
- Voice other concerns
- Learn about medical tests

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October 24, 2024
Thursday, 19:30 pm EDT

Finding a Medical Imaging Centre

- The purpose of a medical imaging scan
- Importance of scans in diagnosis and monitoring
- Steps to begin your medical imaging journey
- Types of medical imaging scans

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November 7, 2024
Thursday, 19:30 pm EST

What To Expect During Your Visit

- During your X-ray
- During your Ultrasound
- During your MRI
- During your CT Scan
- During Mammogram

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October 3, 2024
Thursday, 19:30 pm EDT

Getting Ready for an Appointment

- List and prioritize your concerns
- Take information with you
- Consider Bring a family member or friend
- Plan to update the doctor

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October 17, 2024
Thursday, 19:30 pm EDT

What Can You Can & Making Decisions

- Discuss your diagnosis and what to expect
- Find out about your medications
- Find out about different treatments
- Evaluating Health Information Online

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October 31, 2024
Thursday, 19:30 pm EDT

Preparing for Your Visit

- Preparing for your X-Ray
- Preparing for your Ultrasound
- Preparing for your MRI
- Preparing for your CT Scan
- Preparing for your Mammogram

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Phase Two - Bi-Weekly Sessions

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December 5, 2024
Thursday, 19:30 pm EST

Consultation Experience with A Specialist

- Managing musculoskeletal Pain
- Managing hypertension and Diabetes
- Managing intragastric Problems

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November 21, 2024
Thursday, 19:30 pm EST

Medical Specialists and Their Focus Areas

- Managing age-related conditions
- Senior Dermatology: common skin issues
- Medical specialties - expertise in health conditions
- Non-medical specialties -comprehensive support services

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December 19, 2025
Thursday, 19:30 pm EST

Navigating Emergency Room Visit I

- When should you visit emergency room?
- When to expect during your emergency room visit?

Two Weeks Christmas Break

January 9, 2025
Thursday, 19:30 pm EST

Navigating Emergency Room Visit II

- How to handle the long waiting time in ER
- How to voice your concern
- What should you do after the ER visit

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February 6, 2025
Thursday, 19:30 pm EST

Navigating Hospital Stay II

- Language of the hospital
- Basic ADLs (Activities of Daily Living)
- Allied health members
- Pre- and post operation instructions
- Discharging planning

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January 23, 2025
Thursday, 19:30 pm EST

Navigating Hospital Stay I

- Types of hospital rooms
- Hospital facilities
- Navigating the hospital
- Code status and advanced directives

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February 20, 2025
Thursday, 19:30 pm EST

Mental Health for Seniors

- Understanding mental health in the elderly
- Signs, symptoms, and support
- Adapting lifestyle for mental health
- Seeking help and mental health services

March 6 & 20, 2025
Thursday, 19:30 pm EST

Topics will be based on feedbacks from the previous seminars

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Role Play Practice Sessions

Role play practices will take place between the teaching sessions to provide participants with an opportunity to apply and reinforce the concepts they have learned. These interactive exercises are designed to simulate real-life scenarios relevant to the course material, allowing individuals to practice their skills in a controlled environment. By engaging in role play, participants can receive immediate feedback, improve their problem-solving abilities, and enhance their communication skills. This hands-on approach not only aids in retaining information but also builds confidence, ensuring that learners are better prepared for practical application in real-world situations.



Lead Speaker Helen,
Certified Interpreter,
Mandarin & English

ZOOM ID: 907 459 1435
Passcode: 168 168

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