

English in Medical Setting Teaching Seminars and Role-Play Practice Sessions

Phase One - Weekly Sessions

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October 3, 2024 Thursday, 19:30 pm EDT

Getting Ready for an Appointment

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October 17, 2024

Thursday, 19:30 pm EDT

What Can You Can & Making Decisions

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October 31, 024

Thursday, 19:30 pm EDT

Preparing for Your Visit

• Discuss your diagnosis and what to expect

· Find out about your medications • Find out about different treatments Evaluating Health Information Online

Preparing for your X-Ray

· Preparing for your MRI • Preparing for your CT Scan Preparing for your Mammogram

· Preparing for your Ultrasound

· Consider Bring a family member or friend

· List and prioritize your concerns

Take information with you

Plan to update the doctor

How to Talk to Your Doctors

September 26, 2024

Thursday, 19:30 pm EDT

Finding a Family Doctor

- Importance of choosing the right primary doctor
- · Decide what you are looking for in a doctor
- · Identifying several possible options · Learn more about the doctors



What Can You Say During the Visit?

• Share any symptoms

October 10, 2024 Thursday, 19:30 pm EDT

- Give information about your medication
- · Tell the doctor about your habits
- Voice other concerns Learn about medical tests



October 24, 2024 Thursday, 19:30 pm EDT

Finding a Medical Imaging Centre

- The purpose of a medical imaging scan
- Importance of scans in diagnosis and monitoring Steps to begin your medical imaging journey
- · Tupes of medical imaging scans



Thursday, 19:30 pm EST

November 7, 2024

- During your X-ray
- During your Ultrasound
- · During your MRI

What To Expect During Your Visit

- During your CT Scan
- During Mammogram

Phase Two - Bi-Weekly Sessions November 21, 2024



Consultation Experience with A Specialist

Thursday, 19:30 pm EST

- Managing musculoskeletal Pain Managing hypertension and Diabetes

Managing intragastric Problems



Medical Specialists and Their Focus Areas

Managing age-related conditions

Thursday, 19:30 pm EST

- Senior Dermatology: common skin issues Medical specialties - expertise in health conditions
- Non-medical specialties -comprehensive support

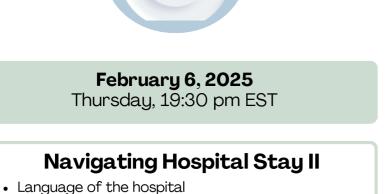


Two Weeks Christmas Break

January 9, 2025 Thursday, 19:30 pm EST

Navigating Emergency Room Visit II · How to handle the long waiting time in ER · How to voice your concern

- · What should you do after the ER visit



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• Basic ADLs (Activities of Daily Living)

• Pre- and post operation instructions

· Allied health members

Discharging planning

March 6 & 20, 2025 Thursday, 19:30 pm EST

Topics will based on feedbacks from the previous seminars

services

Thursday, 19:30 pm EST Navigating Emergency Room Visit I

• When to expect during your emergency room

When should you visit emergency room?

January 23, 2025

Thursday, 19:30 pm EST

Navigating Hospital Stay I

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· Code status and advanced directives

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Types of hospital rooms

Navigating the hospital

Hospital facilities

February 20, 2025 Thursday, 19:30 pm EST

• Understanding mental health in the elderly

· Signs, symptoms, and support

· Adapting lifestyle for mental health • Seeking help and mental health services

Mental Health for Seniors

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Role Play Practice Sessions Role play practices will take place between the teaching sessions to provide participants with an opportunity to apply and reinforce the concepts

they have learned. These interactive exercises are designed to simulate real-life scenarios relevant to the course material, allowing individuals to practice their skills in a controlled environment. By engaging in role play, participants can receive immediate feedback, improve their problem-solving abilities, and enhance their communication skills. This handson approach not only aids in retaining information

but also builds confidence, ensuring that learners

are better prepared for practical application in real-

Life Education and Growth Association of Canada 加拿大生命教育成长协会

ACADEMY



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Certified Interpreter,

Mandarin & English





Supported By:

world situations.

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